25th Annual Clinical Update in

GERIATRIC MEDICINE

April 6-8, 2017

Marriott Pittsburgh City Center
Pittsburgh, Pennsylvania

Course Directors
Shuja Hassan, MD
Judith S. Black, MD, MHA
Neil M. Resnick, MD

Jointly provided by:
The Pennsylvania Geriatrics Society – Western Division
UPMC / University of Pittsburgh Aging Institute
University of Pittsburgh School of Nursing
and
University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences

To register, please visit:
https://ccehs.upmc.com/liveFormalCourses.jsf

Nonprofit Org.
U.S. Postage
PAID
Pittsburgh, PA
Permit No. 3854
Introduction
As the population continues to age, we are all seeing a tidal wave of older persons in our hospitals, clinics and nursing homes. Moreover, the fastest growing segment of the population comprises individuals above the age of 85 years. The purpose of our conference is to provide an evidence based approach to help clinicians take exceptional care of these often frail individuals.

Highlights
Our speakers for the conference have been hand-picked by a multidisciplinary committee of clinicians from academics, practice, and the payer community and were based on two criteria: Speakers expertise – which in most cases is nationally-recognized and often responsible for the advances relative to practice, and (2) their ability to convey it in a practical, succinct, and entertaining way that will allow attendees to incorporate lessons learned into their practice.

- Offered in conjunction with Sharon Inouye and Fred Rubin’s course on delirium and allowing for some overlap.
- Evidence-based evaluation and treatment of common clinical problems seen in the office, hospital and long term care.
- Symposium on common neurodegenerative diseases including Parkinson’s disease and Alzheimer’s.
- Symposium covering the latest updates for common cardiovascular conditions, including hypertension and acute MI in the elderly.
- Keynote talk on frailty by a national expert.
- Practical, case based solutions to difficult end of life issues.
- Multiple breakout sessions including, among others, Prognostication in Chronic Disease, Decision Making Capacity, Using Antipsychotics in Long Term Care, and Foot problems.
- “Ask The Expert” sessions, allowing participants to get answers to their most vexing questions. This year’s sessions focus on Infectious Disease, Cardiology and Psychiatry.
- A special dinner talk regarding the past, present and future of geriatrics by William Applegate, MD, MPH, MACP, one of America’s foremost experts. Dr. Applegate is the former President of the American College of Physicians, dean and head of the health system at Wake Forest, editor of the Journal of the AGS (JAGS), and primary investigator for the seminal SHEP study of systolic hypertension and, most recently, the landmark SPRINT trial.
Learning Objectives
At the end of this course, participants should be able to:

▲ Provide evidence-based updates for common geriatric disorders including dementia, delirium, Parkinson’s disease, osteoporosis, and stroke.
▲ Update their knowledge in pulmonary hypertension, acute coronary syndrome, and hypertension in the elderly.
▲ Improve their knowledge in the evaluation and management of patients with pressure ulcers, hip fractures, PVD, and sleep disorders.
▲ Learn strategies to improve their communication in patients with difficult family issues, and at end of life.

Who Should Attend
This course is designed for family practitioners, internists, geriatricians, and other health care professionals who provide care to older adults. Previous attendees will also be interested because of the conference’s continually changing topics, speakers and approach.

Continuing Education Credit
Types of credit: CME, AAFP, Nursing, Risk, and ACPE

CME – This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACME) through the joint sponsorship of the University of Pittsburgh School of Medicine and the Pennsylvania Geriatrics Society – Western Division. The University of Pittsburgh School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 20.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity. (The 20.75 includes the 1 hour dinner symposium.)

AAFP – Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Nursing – The University of Pittsburgh School of Medicine’s Center for Continuing Education in the Health Sciences and School of Nursing are collaborating in the development of this educational activity. Nurse participants successfully completing this learning activity (attending the full session, completing and submitting a program evaluation and a CE verification form) may receive up to a maximum of 18.3 contact hours.

The University of Pittsburgh School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Social Work Credits – This program is offered for 20 hours of Social Work continuing education through co-sponsorship of the University of Pittsburgh School of Social Work, a Council of Social Work Education accredited school and, therefore, a Pennsylvania pre-approved provider of social work continuing education. These credit hours satisfy the requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For more information on social work continuing education call (412) 624-3711.

Session Title | Program Number | Contact Hours
---|---|---
Why Must Geriatric Care Differ? | 0481-9999-16-134-L04-P | .75
Practical Diabetes Management (Choosing the Right Medication) | 0481-9999-16-135-L04-P | .75
Approach to Aspiration | 0481-9999-16-136-L04-P | .5
Top 5 Articles That Could Make a Difference in Your Long Term Care Practice | 0481-9999-16-137-L04-P | .5
Case Studies in Nephrology | 0481-9999-16-138-L04-P | .5
Chronic Constipation Case Studies | 0481-9999-16-139-L04-P | .5
Keynote: Update on Frailty in the Elderly | 0481-9999-16-140-L04-P | 1.0
Addressing Cognitive Concerns in the Office | 0481-9999-16-141-L04-P | .5
Update on Stroke | 0481-9999-16-142-L05-P | .5
Delirium and Palliative Care | 0481-9999-16-143-L04-P | .5
Parkinson’s Disease | 0481-9999-16-144-L04-P | .5
Novel Approaches to Dementia | 0481-9999-16-145-L04-P | .5
JAGS | 0481-9999-16-146-L04-P | 1.0
Pulmonary Hypertension in the Elderly | 0481-9999-16-147-L04-P | .5
Medical Management of Non-STEMI/Acute Coronary Syndrome | 0481-9999-16-148-L05-P | .5
Controversies in Hypertension | 0481-9999-16-149-L04-P | .5
Patient Centered Care for the Older Cardiac Patient | 0481-9999-16-150-L04-P | .5
Ask the Psychiatrist | 0481-9999-16-151-L04-P | .75
Prognostication of Chronic Disease | 0481-9999-16-152-L04-P | .75
Ask the ID Specialist | 0481-9999-16-153-L04-P | .75
Evaluation of Decision Making Capacity | 0481-9999-16-154-L04-P | .75
Going Viral: Something Catchy for Your Old Age | 0481-9999-16-155-L04-P | .75
Peripheral Vascular Disease / Lower Extremity Wounds | 0481-9999-16-156-L04-P | .5
Management of Pressure Ulcers | 0481-9999-16-157-L04-P | .5
Dermatology | 0481-9999-16-158-L04-P | .5
New Concepts in Preoperative Evaluation of the Elderly | 0481-9999-16-159-L05-P | .5
Ask the Cardiologist | 0481-9999-16-160-L04-P | .75
Post Acute World | 0481-9999-16-161-L05-P | .75
Huh? What? How Hearing Loss Impacts Geriatric Patient Care | 0481-9999-16-162-L04-P | .75
Antipsychotic Use in the Nursing Home | 0481-9999-16-163-L05-P | .75
Common Foot Problems in the Elderly | 0481-9999-16-164-L04-P | .75
How to Work with Difficult Patients and Families: Building Bridges | 0481-9999-16-165-L04-P | .75
Conducting the Home Visit | 0481-9999-16-166-L04-P | .75
Fibromyalgia | 0481-9999-16-167-L04-P | .75
Depression Management | 0481-9999-16-168-L04-P | .75
What’s New in Osteoporosis | 0481-9999-16-169-L04-P | .5
Peaks in Pharmacologic Therapy | 0481-9999-16-170-L04-P | .5
Sleep Disorders in Older Persons | 0481-9999-16-171-L05-P | .5
Clinical Vignettes at End of Life | 0481-9999-16-172-L04-P | .5

The maximum amount of continuing education credit that can be granted for this program is 20.75 contact hours. Participants must complete the course outcomes assessment, evaluation and credit designation form to receive credit. Continuing Pharmacy Education (CPE) credits will be uploaded using the participant’s National Association of Boards of Pharmacy (NABP) eMonitor number. (The 20.75 includes the 1 hour dinner symposium.)
Schedule

Thursday, April 6, 2017

7:00 am Registration and Continental Breakfast

7:25 am Welcome and Announcements
Shuja Hassan, MD

Moderator: Karen A. Powers, MD

7:30 am Why Must Geriatric Care Differ?
Neil M. Resnick, MD

8:15 am Practical Diabetes Management (Choosing the Right Medication)
Mary Korytkowski, MD

9:00 am Approach to Aspiration
Jonas Johnson, MD

9:35 am BREAK AND VISIT EXHIBITS

9:55 am Top 5 Articles That Could Make a Difference in Your Long Term Care Practice
David A. Nace, MD, MPH

10:35 am BREAK AND VISIT EXHIBITS

10:55 am Top 5 Articles That Could Make a Difference in Your Long Term Care Practice
David A. Nace, MD, MPH

11:10 am Management of Pressure Ulcers
Carol Mathews, BSN, RN, CWOCN

11:55 am LUNCH

Moderator: George Gleeson, MD

1:00 pm Keynote: Update on Frailty in the Elderly
Stephanie Studenski, MD, MPH

2:00 pm Addressing Cognitive Concerns in the Office
Eric G. Rodriguez, MD, MPH

2:35 pm Update on Stroke
Lawrence Wechsler, MD

3:10 pm BREAK AND VISIT EXHIBITS

3:30 pm Delirium and Palliative Care
Sharon K. Inouye, MD, MPH

4:05 pm Parkinson’s Disease
Houman Homayoun, MD

Friday, April 7, 2017

7:00 am Registration and Continental Breakfast

7:30 am Welcome and Announcements
Judith S. Black, MD, MHA

Moderator: Victor M. Rudkin, MD

7:35 am Pulmonary Hypertension in the Elderly
Jennifer Gonzalez McCombs, MD, MPH, FACP

8:15 am Medical Management of Non-STEMI/Acute Coronary Syndrome
Mark Schmidhofer, MD

8:55 am Controversies in Hypertension
William B. Applegate, MD, MPH, MACP

9:35 am Patient Centered Care for the Older Cardiac Patient
Daniel Forman, MD

10:15 am BREAK AND VISIT EXHIBITS

10:30 am Breakout Workshop I (repeats at 11:20 am)

11:10 am Breakout Transition

11:20 am – Breakout Workshop II (repeated from 10:30 am)

Noon

A. Ask the Psychiatrist
Jordan F. Karp, MD

B. Prognostication of Chronic Disease
Richard Hoffmaster, MD

C. Ask the ID Specialist
Raymond Pontzer, MD, FACP

D. Evaluation of Decision Making Capacity
James D. Tew Jr., MD

E. Going Viral: Something Catchy for Your Old Age
Donald Middleton, MD
**Saturday, April 8, 2017**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 am</td>
<td>Registration and Continental Breakfast</td>
</tr>
<tr>
<td>8:00 am</td>
<td><strong>Breakout Workshop V</strong> (repeats at 8:50 am)</td>
</tr>
<tr>
<td>8:40 am</td>
<td>Breakout Transition</td>
</tr>
<tr>
<td>8:50 am</td>
<td><strong>Breakout Workshop VI</strong> (repeated from 8:00 am)</td>
</tr>
</tbody>
</table>
| 9:30 am| K. How to Work with Difficult Patients and Families: Building Bridges Grace A. Cortes, MD, MPH, MS and Craig Ronco, CRNP  
L. Conducting the Home Visit  
Christine Herb, MD  
M. Gynecologic Assessment  
Kathleen McIntyre-Seltman, MD  
(This presentation is not eligible for pharmacy credit)  
N. Fibromyalgia  
Terence W. Starz, MD  
O. Depression Management  
Lalith Kumar Solai, MD |
| 9:50 am| What's New in Osteoporosis                                           |
| 10:25 am| Pearls in Pharmacologic Therapy                                     |
| 11:00 am| Sleep Disorders in Older Persons                                     |
| 11:35 am| Clinical Vignettes at End of Life                                    |
| 12:10 pm| Conference Adjournment                                               |

**Schedule continued**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
</table>
| 1:00 pm| Peripheral Vascular Disease / Lower Extremity Wounds  
Michael J. Singh, MD |
| 1:35 pm| Chronic Constipation Case Studies  
Arnold Wald, MD |
| 2:10 pm| Dermatology  
Justin Vujevich, MD, FAAD |
| 2:45 pm| New Concepts in Preoperative Evaluation of the Elderly  
Fred Rubin, MD |
| 3:20 pm| BREAK AND VISIT EXHIBITS                                             |
| 3:40 pm| Breakout Workshop III (repeats at 4:40 pm)                         |
| 4:20 pm| Breakout Transition                                                  |
| 4:30 pm| Breakout Workshop IV (repeated from 3:50 pm)                        |
| 5:10 pm| F. Ask the Cardiologist  
Krishna V. Tummalapalli, MD  
G. Post Acute World  
Deborah W. Robin, MD, MHCM  
H. Huh? What? How Hearing Loss Impacts Geriatric Patient Care  
Becky Brott Powers, MD  
I. Antipsychotic Use in the Nursing Home  
Michael J. Yao, MD, CMD  
J. Common Foot Problems in the Elderly  
Carl T. Hasselman, MD |
| 5:10 pm| Friday Adjournment                                                   |
Course Directors

Shuja Hassan, MD
Assistant Professor of Medicine
Division of Geriatric Medicine
University of Pittsburgh School of Medicine

Judith S. Black, MD, MHA
Clinical Associate Professor of Medicine
University of Pittsburgh School of Medicine
Medicaid Advisor, Jewish Healthcare Foundation
Geriatrician, Allegheny Health Network

Neil M. Resnick, MD
Thomas Detre Professor of Medicine
Director, Hartford Foundation Center of Excellence in Geriatric Medicine
Chief, Division of Geriatric Medicine
Associate Director, Institute on Aging at UPMC

Medical Advisor, Jewish Healthcare Foundation
Clinical Associate Professor of Medicine
Judith S. Black, MD, MHA
Chief, Division of Geriatric Medicine
Director, Hartford Foundation Center of Excellence in Geriatric Medicine
University of Pittsburgh School of Medicine

Local Faculty

Robert Arnold, MD
Professor of Medicine
Chief, Section of Palliative Care and Medical Ethics
Director, Institute for Doctor-Patient Communication
University of Pittsburgh School of Medicine
Medical Director
UPMC Palliative and Supportive Institute

Daniel J. Buysse, MD
Professor of Psychiatry and Clinical and Translational Science
University of Pittsburgh School of Medicine
UPMC Endowed Chair in Sleep Medicine

Grace A. Cordts, MD, MPH, MS
Medial Director Pennsylvania Optum Complex Management Population

Daniel Forman, MD
Professor of Medicine
Division of Geriatric Medicine
University of Pittsburgh School of Medicine
Chair, Geriatric Cardiology Section
UPMC
Director, Cardiac Rehabilitation
VA Pittsburgh Healthcare System
Immediate Past Chair, Geriatric Cardiology Section
American College of Cardiology

Susan L. Greenspan, MD
Professor of Medicine
Division of Geriatric Medicine
University of Pittsburgh School of Medicine
Director of the Osteoporosis Center and Treatment Center, UPMC
Director of Bone Health, Magee-Womens Hospital of UPMC

Carl T. Hasselman, MD
Orthopaedic Surgeon
Three Rivers Orthopedic Associates, UPMC

Richard Hoffmaster, MD
Director of Palliative Care Education
Family Medicine Residency Program
UPMC St. Margaret

Houman Homayoun, MD
Assistant Professor of Neurology
University of Pittsburgh School of Medicine

Jonas Johnson, MD
The Eugene N. Myers, M.D., Professor and Chairman of Otolaryngology
University of Pittsburgh School of Medicine

Jordan F. Karp, MD
Associate Professor of Psychiatry, Anesthesiology, and Clinical and Translational Science
University of Pittsburgh School of Medicine

Mary Korytkowski, MD
Professor of Medicine
Division of Endocrinology
University of Pittsburgh School of Medicine

David L. Levenson, MD
Clinical Professor of Medicine
University of Pittsburgh School of Medicine
Partners In Nephrology & Endocrinology (PINE)

Carol Mathews, BSN, RN, CWOCN
Wound, Ostomy, and Continence Nurse Clinician
UPMC Presbyterian Shadyside

Jennifer Gonzalez McComb, MD, MPH, FACP
Section Chief, Pulmonary and Critical Care Medicine
UPMC Shadyside Hospital

Kathleen McIntyre-Seltman, MD
Professor of Obstetrics, Gynecology and Reproductive Sciences
University of Pittsburgh School of Medicine

Donald B. Middleton, MD
Professor, Department of Family Medicine
Vice President, UPMC St. Margaret Family Medicine Residency Education
University of Pittsburgh School of Medicine

David A. Nace, MD, MPH
Associate Professor of Medicine
Division of Geriatric Medicine
Director, Long Term Care and Flu Programs
University of Pittsburgh School of Medicine
Chief of Medical Affairs
UPMC Senior Communities

Raymond Pontzer, MD, FACP
Clinical Associate Professor of Medicine
Chief, Infectious Diseases
UPMC St. Margaret Hospital

Eric G. Rodriguez, MD, MPH
Associate Professor of Medicine
University of Pittsburgh School of Medicine
Co-Investigator, NIH Alzheimer’s Center
Medical Director, UPMC Staying at Home

Craig Ronco, CRNP
Optum Complex Management Population

Fred Rubin, MD
Chair, Department of Medicine
Division of Geriatric Medicine
UPMC Shadyside
Professor of Medicine
University of Pittsburgh School of Medicine

continued on page 10
Registration Information

Pre-register – All pre-registrations are due by March 31, 2017. Registrations after this date are accepted only as on-site registrations. Registering online is the quickest and easiest way to reserve your space at CCEHS conferences.

- Visit our online registration site at [https://ccehs.upmc.com](https://ccehs.upmc.com)
- Scroll to the Clinical Update in Geriatric Medicine section on the web page
- Click the Registration button and enter all the requested information
- After registering, an electronic confirmation will be sent to the email address you provided us when you registered.

Early registrations are those postmarked by March 1, 2017. Late registrations will be accepted at an additional fee and we cannot guarantee space in the program or any program inclusions for those registrations we receive after this date.

On-site Registrations – As of March 31, 2017, all registrations for this course are accepted only as on-site registrations. On-site registrants will pay $25 more than the late registration fee.

A confirmation letter will be faxed, mailed, or emailed if registration is completed through the mail, fax, or email by the registration deadline. If you register online, you will receive an immediate e-mail confirmation message. Please note: Registration is not complete until you receive this confirmation. If you do not receive this letter within 5-7 days of registration, please contact us at (412) 647-7050.

You must bring this confirmation with you to the conference.

Cancellation – All cancellations must be in writing, via U.S. mail, e-mail or fax. Tuition for cancellations postmarked or date stamped before March 27, 2017 will be completely refunded. After March 27, 2017 a $35 administrative fee will be assessed. No refunds will be made after April 3, 2017. Cancellation requests can be made to:

Center for Continuing Education in the Health Sciences
Iroquois Building, Suite 302
200 Lothrop Street
Pittsburgh, PA 15213-2536
Phone: (412) 647-8232 or (412) 647-7050
Fax: (412) 647-8222 • E-mail: ccehsconfmgmt101@upmc.edu

The University of Pittsburgh Center for Continuing Education in the Health Sciences reserves the right to cancel this program if sufficient registrations are not received. In the case of cancellation, the department will fully refund registration fees.

continued on page 12
Registration Form (for use only if not registering online)

Clinical Update in Geriatric Medicine — April 6–8, 2017

Register online: https://ccpshs.upmc.com/liveFormalCourses.jsf

Please type or print; photocopy all sides for additional registrants. No registration will be accepted without payment.

Last five digits of Social Security Number ___ – ___ ___ ___ ___
Prefix □ Mr. □ Mrs. □ Dr. □ Ms. □ Other, please indicate: □

First Name ____________________________ Last Name ____________________________

This is how your name will appear on your name badge.

Suffix (Jr., Sr., etc.) ____________________________
Company/Institutional Affiliation ____________________________

Specialty ____________________________
E-mail Address ____________________________

Degree (choose only one) □ MD □ DO □ Resident □ PhD □ MPH □ RN □ Other, please indicate: ____________________________

Registration Fee: Please check appropriate fee:

― On-Site registrations will pay an additional $25 in each category.

□ MD (nonmember of PA Geriatrics Society - Western Div.) $310 $340
□ MD (member of PA Geriatrics Society - Western Div.) $280 $315

□ Nurses and health care professionals (nonmember of PA Geriatrics Society - Western Div.) $245 $275
□ Nurses and health care professionals (member of PA Geriatrics Society - Western Div.) $220 $250

□ Residents, fellows, and other trainees $220 $250
□ Pre-professional degree $105 $105

□ Dinner Symposium – Thursday, April 6 (all participants – optional at additional cost) $50

Half-day (each session) — indicate which day(s) on registration form $85 ea.

Tuition includes:

▲ Registration and comprehensive course syllabus

▲ Admission to Geriatric Annual program and to the exhibit hall

▲ Continuing education credit

▲ Continental breakfast each morning, lunch on Thursday and Friday, and coffee breaks for full conference registrants.

For information on becoming a Geriatric Society member, please contact Nadine Popovich at (412) 321-5035, ext. 110.

Special Needs

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling (412) 647-8232 or (412) 647-7050.

The University of Pittsburgh is an affirmative action, equal opportunity institution.
Method of Payment

The following methods of payment are acceptable for the registration fee:

- Checks, personal or employer
- Credit Card
- UPMC Transfers
- Checks. Make payable to University of Pittsburgh Physicians
  - Employer check included
  - Personal check included
  
  There is a $25.00 returned check fee.

- Credit Card Payments
  - Visa
  - MasterCard
  - American Express
  - Discover

Credit Card No. ________________________________________________________________
Expiration Date (Month/Year) ________________________________________________
Signature ________________________________________________________________

- UPMC Journal Entry Transfer. If you are a UPMC employee and your department will be responsible for payment, we can charge your department directly. **DO NOT SUBMIT a disbursement to UPMC Accounts Payable. Complete the following:**

  Business unit ______________________________________________________________
  Account number __________________________________________________________
  Department ID number ____________________________________________________
  Authorized department signature ___________________________________________
  Telephone number _________________________________________________________

**NO REGISTRATION WILL BE ACCEPTED WITHOUT PAYMENT.**

Mail payment with the Registration Form on pages 13, 14 and 15 to:
University of Pittsburgh Center for Continuing Education in the Health Sciences
Iroquois Building, Suite 302 • 200 Lothrop Street
Pittsburgh, PA 15213-2536

For additional information, contact:
Telephone: (412) 647-8232 or (412) 647-7050 • Fax: (412) 647-8222
E-mail: ccehsconfmgmt101@upmc.edu

---

Breakout Workshops

Please rank in order of preference each group of breakout sessions. Admittance will be based on a first-come, first-served basis.

Friday morning, April 7, 2017
10:30 AM – 11:10 AM Breakout Workshop I • 11:20 AM – Noon Breakout Workshop II

  Rank 1-5 in order of preference, 1 being highest preference.

  - A. Ask the Psychiatrist
  - B. Prognostication of Chronic Disease
  - C. Ask the ID Specialist
  - D. Evaluation of Decision Making Capacity
  - E. Going Viral: Something Catchy for Your Old Age

Friday afternoon, April 7, 2017
3:40 PM – 4:20 PM Breakout Workshop III • 4:30 PM – 5:10 PM Breakout Workshop IV

  Rank 1-5 in order of preference, 1 being highest preference.

  - F. Ask the Cardiologist
  - G. Post Acute World
  - H. Huh? What? How Hearing Loss Impacts Geriatric Patient Care
  - I. Antipsychotic Use in the Nursing Home
  - J. Common Foot Problems in the Elderly

Saturday morning, April 8, 2017
8:00 AM – 8:40 AM Breakout Workshop V • 8:50 AM – 9:30 AM Breakout Workshop VI

  Rank 1-5 in order of preference, 1 being highest preference.

  - K. How to Work with Difficult Patients and Families: Building Bridges
  - L. Conducting the Home Visit
  - M. Gynecologic Assessment
  - N. Fibromyalgia
  - O. Depression Management

How did you hear about this conference? __________________________________________

- I require vegetarian lunch.
- I require kosher lunch.
- I have no special dietary requirements.
- Other __________________________________________
- YES! Send me information about becoming a member of the PA Geriatrics Society – Western Division.

continued on page 15
Meeting Location
Marriott Pittsburgh City Center
112 Washington Place • Pittsburgh, Pennsylvania 15219
Phone: (412) 471-4000, Fax: (412) 553-5252

Overnight Accommodations
The conference has contracted a limited number of hotel rooms at the Marriott Pittsburgh City Center for our conference attendees. You may book a room by calling the hotel at (412) 471-4000 and stating that you are attending the Geriatric Medicine Conference. The room block is limited and only available until Wednesday, March 15, 2017 at 5:00 PM. Space cannot be guaranteed once the block expires or the block is filled, whichever occurs first.
Room rates are $142.00 per night plus applicable taxes and fees.
If you experience difficulty arranging your reservations, please call Krystal Golacinski at (412) 647-7050.

Parking
Parking is on your own and not covered by conference tuition. The on-site parking facility is approximately $12.25/day. The entrance is located on the side of the Marriott Pittsburgh City Center hotel. Additional parking can be found across the street from the hotel at the PPG Paints Arena.

For more information contact:
Center for Continuing Education in the Health Sciences
Iroquois Building, Suite 302
200 Lothrop Street
Pittsburgh, PA 15213-2536
Phone: (412) 647-8252 or (412) 647-7050
Fax: (412) 647-8222 • E-mail: ccehsconfmgmt101@upmc.edu

Visit the Center for Continuing Education in the Health Sciences Web Site
Our Internet address is: https://ccehs.upmc.com

The University of Pittsburgh Center for Continuing Education in the Health Sciences invites you to visit our web location. Receive information on CME programs, earn CME credits on the Internet, and access information about our formal courses and much more. Discover who we are and how you can contact us. Please visit our web location often to get updated information on upcoming programs.

Directors: Sarah Dowal, LICSW, MPH; Sharon K. Inouye, MD, MPH; and Fred Rubin, MD
This two-day international conference is designed to educate Hospital Elder Life Program (HELP) teams regarding strategies for delirium prevention, using HELP to improve hospital-wide care of older adults, and creating a climate of change. Expert clinicians and experienced members of the HELP sites will share evidenced-based information and clinical insights on selected topics regarding the influence of HELP, delirium updates, and the larger policy implications of care for older adults. Updates on collaborative papers, expansion of the program and innovative site projects will also be presented.

Learning Objectives
At the end of this course, participants should be able to:
• Understand how delirium impacts older adults in the hospital
• Identify nonpharmacologic approaches to prevent delirium
• Apply strategies to engage patients with the Hospital Elder Life Program protocols
• Identify the ways that delirium impacts palliative care
• Understand the features of an annual report and how to write one for their program
• Identify the key first steps in implementing HELP at their facility
• Conduct program planning for HELP sustainability and expansion at their facility
• Identify ways that HELP volunteers impact care of hospitalized older adults
• Describe the health effects of mobility and balance as people age

Meeting Location
Marriott Pittsburgh City Center • 112 Washington Place • Pittsburgh, PA 15219
Phone: (412) 471-4000 • Fax: (412) 553-5252

For more information, contact:
University of Pittsburgh Center for Continuing Education in the Health Sciences
Iroquois Building, Suite 302 • 200 Lothrop Street • Pittsburgh, PA 15213-2536
Phone: (412) 647-8232 or (412) 647-7050 • Fax: (412) 647-8222
E-mail: ccehsconfmgmt101@upmc.edu